

Place	Name	Time
1	Adam Hart	27:15.7
2	Nick Bennett	27:34.0
3	Thomas Rainey	29:22.0
4	Kevin Norman	29:54.5
5	Michael Richardson	30:05.8
6	Amirhossein Pourali	30:18.5
7	David Aitken	30:35.7
8	Jamie Stewart	30:57.9
9	Russell Craig	32:17.0
10	Matt Buck	32:36.0
11	Michael Mitchell	33:35.8
12	David Stewart	33:55.9
13	Dom Spurling	34:58.6
14	David Baird	35:10.0
15	David Groves	35:16.6
16	Darren Bell	36:32.2
17	Michael Royden	36:33.3
18	Elise Coward	36:48.9
19	Laura Darling-Brackenridge	36:49.6
20	Gaynor Thomson	37:07.0
21	Morag Martin	37:19.3
22	Daniel Dutton	37:56.3
23	Annie Howden	38:01.0
24	Robyn McDonald	38:05.5
25	Michael Andrews	38:16.0
26	Sara Cha	38:16.8
27	Gary Christie	38:52.9
28	Keith Gelly	38:58.1
29	Martin Rollo	39:19.4
30	Laura Anderson	39:44.9
31	Paul Reed	40:02.5
32	John Bryceland	40:19.5
33	Josh McKay	40:28.0
34	Steven Maloney	40:55.0
35	Stephen McGowan	41:22.0
36	Harry Kay	41:39.6
37	Daniel Fields	42:14.1
38	Brezo Mateos	42:21.3
39	Ernesto Bonaf◆	42:26.8
40	Gail Rattray	42:52.6
41	Claire Thornton-Granville	43:01.7
42	Phillip Gillespie	44:02.4
43	David Hardy	44:07.7
44	Sharon Russell	44:41.7
45	Elaine Shemilt	44:58.2
46	Lynsey Langlands	45:14.7
47	Kim Russell	45:15.8
48	Brian Lawrence	45:33.3
49	Amy Tavendale	45:50.6
50	Jewels Wilson	46:19.0
51	Michelle Bell	46:19.7
52	Iain Luke	47:47.7
53	Mel Hayes	48:01.9
54	Antonia Parry	48:32.1
55	Linda Rudd	49:57.7