

**Top 10 fastest runners at each distance since (mostly) complete records have been kept (2013)**

**Marathon male**

1	David Webster	Valencia Marathon	3/12/2023	2:29:20
2	Marcus Sheridan	Chicago Marathon	8/10/2023	2:47:47
3	Robbie Dunlop	Manchester Marathon	8/4/2018	2:48:42
4	Chris Earl	Stirling Marathon	29/4/2018	2:51:31
5	Lee O'Connor	Vienna City Marathon	7/4/2019	2:54:29
6	George McKinley	London Marathon	28/4/2019	2:55:35
7	Chris Sevier-Guy	Stirling Marathon	29/4/2018	2:56:05
8	Steve Peters	Boston Marathon	20/4/2015	2:58:40
9	James Barnet	Chicago Marathon	8/10/2023	2:59:03
10	Geoff Campbell	Paris Marathon	2/4/2022	2:59:13

**Marathon female**

1	Alison McNeilly	London Marathon	23/4/2023	2:58:53
2	Gillian Sangster	Loch Ness Marathon	27/9/2015	3:02:29
3	Michelle Bruce	Stirling Marathon	29/4/2018	3:04:57
4	Kate McIntosh	London Marathon	23/4/2023	3:05:22
5	Elaine Omand	Cologne Marathon	13/10/2013	3:05:59
6	Mairi Littleson	London Marathon	23/4/2023	3:06:50
7	Charlotte Finch	Edinburgh Marathon	29/5/2016	3:10:18
8	Sarah Winter	Edinburgh Marathon	25/5/2013	3:10:19
9	Hannah Barnet	Chicago Marathon	8/10/2023	3:19:21
10	Rosie Doull	Dundee DRAM	16/7/2017	3:19:54

**Half marathon male**

1	David Webster	Loch Leven Half Marathon	14/5/2023	1:12:28
2	Marcus Sheridan	Alloa Half Marathon	20/3/2022	1:14:29
3	George McKinley	Antrim Coast Half Marathon	28/8/2021	1:16:07
4	Hamish Roper	Glen Clova Half Marathon	9/11/2013	1:17:05
5	Andrew Taylor	Edinburgh Half Marathon	29/5/2022	1:17:37
6	Robbie Dunlop	Forfar Multi Terrain	6/2/2022	1:18:14
7	Steve Peters	Kinloss to Lossiemouth	8/2/2015	1:18:18
8	Chris Earl	Inverness Half Marathon	11/3/2018	1:18:53
9	Mark Norris	Great North Run	15/9/2013	1:19:45
10	Adam Hart	Inverness Half Marathon	12/3/2023	1:19:59

**Half marathon female**

1	Gillian Sangster	Loch Leven Half Marathon	10/5/2014	1:23:18
2	Anwen Darlington	Brass Monkey Half Marathon	15/1/2017	1:24:24
3	Alison McNeilly	Loch Leven Half Marathon	14/5/2023	1:25:51
4	Kate McIntosh	Dundee Half DRAM	17/7/2022	1:25:54
5	Rosie Doull	Glen Clova Half Marathon	14/11/2015	1:28:16
6	Elaine Omand	Moray Half Marathon	1/9/2013	1:28:35
7	Michelle Bruce	Glen Clova Half Marathon	12/11/2016	1:28:46
8	Charlotte Finch	Loch Leven Half Marathon	14/5/2016	1:29:17
9	Mairi Littleson	Loch Leven Half Marathon	14/5/2023	1:29:18
10	Sarah Winter	Moray Half Marathon	1/9/2013	1:30:10

**10 mile male**

1	David Webster	Run for All Yorkshire 10 Mile, York	15/10/2023	0:53:06
2	Mark Bell	Tay Ten, Perth	7/4/2019	0:58:14
3	Adam Hart	Tay Ten, Perth	30/4/2023	0:59:11
4	Andrew Taylor	Templeton 10	5/11/2023	0:59:52
5	George McKinley	Larne AC Coast Road 10	23/3/2023	1:00:22

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6	Chris Earl	Templeton 10	5/11/2017	1:00:28
7	Steve Peters	Tom Scott 10	5/4/2015	1:00:54
8	Matt Buck	Bass Belle 10 Mile	25/11/2018	1:01:58
9	Jamie Stewart	Tay Ten, Perth	30/4/2023	1:02:25
10	Graeme Brown	Tay Ten, Perth	7/4/2019	1:02:40

#### 10 mile female

1	Gillian Sangster	Tom Scott 10	5/4/2015	1:03:08
2	Anwen Darlington	Tay Ten, Perth	1/4/2018	1:03:30
3	Michelle Bruce	Templeton 10	7/4/2019	1:03:33
4	Alison McNeilly	Tay Ten, Perth	30/4/2023	1:04:35
5	Morgan Windram	Tay Ten, Perth	2/4/2017	1:05:36
6	Kate McIntosh	Smokies 10, Arbroath	6/3/2022	1:07:50
7	Elaine Omand	Smokies 10, Arbroath	2/3/2014	1:07:58
8	Rosie Doull	Templeton 10	1/11/2015	1:08:19
9	Mairi Littleson	Templeton 10	6/11/2022	1:08:55
10	Rachel Callaghan	Tay Ten, Perth	8/5/2022	1:10:22

#### 10k male

1	David Webster	Stirling 10k	10/9/2023	32.19
2	Kai Sedgwick	Stirling 10k	10/9/2023	34.11
3	Marcus Sheridan	Stirling 10k	10/9/2023	34.18
4	Kerr Millar	Perth 10k	31/8/2014	34.59
5	Chris Earl	Stirling 10k	8/9/2019	35.03
6	Andrew Taylor	Forfar 10k	20/8/2022	35.06
7	George McKinley	Stirling 10k	8/9/2019	35.18
8	Michael Richardson	Tilli 10k	29/12/2023	35.43
9	Mark Norris	Killin 10k	29/8/2015	36.09
10	Steven Peters	Ayrodynamic Turkey Trot 10k	26/12/2014	36.16

#### 10k female

1	Gillian Sangster	Glenrothes 10k	22/6/2014	37.41
2	Michelle Bruce	Forfar 10K	19/8/2018	37.59
3	Elaine Omand	Ayrodynamic Turkey Trot 10k	26/12/2014	38.05
4	Alison McNeilly	Stirling 10K	10/9/2023	38.48
5	Kate McIntosh	Blast Running Gypsy Brae 10K	26/2/2023	39.42
6	Mairi Littleson	MOK 10K, Campbeltown	28/5/2023	40.01
7	Charlotte Finch	Glenrothes 10k	19/6/2016	40.24
8	Sarah Winter	Stirling 10K	15/9/2013	41.30
9	Rosie Doull	Stirling 10K	14/9/2014	41.32
10	Hannah Barnet	Great Scottish Christmas 10k	3/12/2023	41.49

#### 5 mile male

1	David Webster	Cupar 5	18/3/2023	26.32
2	Kai Sedgwick	DRR 5 Mile Race, Riverside, Dundee	19/9/2023	27.14
3	Marcus Sheridan	Cupar 5	18/3/2023	27.19
4	Andrew Taylor	DRR 5 Mile Race, Riverside, Dundee	15/9/2022	27.36
5	Chris Earl	Cupar 5	4/3/2017	28.05
6	Robbie Dunlop	Cupar 5	4/3/2017	28.21
7	Mark Norris	Brig Bash	1/7/2015	28.27
8	Adam Hart	Brig Bash	5/7/2023	28.28
9	George McKinley	Cupar 5	9/3/2019	28.38
10	Mark Bell	Cupar 5	9/3/2019	28.48

#### 5 mile female

1	Anwen Darlington	Cupar 5	4/3/2017	29.44
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2	Michelle Bruce	Brig Bash	4/7/2018	29.56
3	Alison McNeilly	Brig Bash	5/7/2023	31.06
4	Kate McIntosh	Brig Bash	6/7/2022	31.20
5	Gillian Sangster	Brig Bash	1/7/2015	31.44
6	Mairi Littleson	DRR 5 Mile Race, Riverside, Dundee	19/9/2023	31.47
7	Rachel Callaghan	Cupar 5	6/7/2022	32.35
8	Jennifer Massie	Brig Bash	6/7/2016	32.44
9	Hannah Barnet	DRR 5 Mile Race, Riverside, Dundee	15/9/2022	33.10
10	Portia Brown	Brig Bash	1/7/2015	33.15

#### 5k male (parkrun excluded)

1	David Webster	PH Racing QA 5K, Dunfermline	4/8/2023	15.57
2	Marcus Sheridan	Cavan Christmas Dash	16/12/2023	16.17
3	Kerr Millar	Beveridge Park 5k	22/8/2014	16.27
4	Adam Hart	PH Racing QA 5K, Dunfermline	4/8/2023	16.59
5	Chris Earl	Giffordtown 5k	6/10/2019	17.01
6	George McKinley	Ulverston 5k	4/9/2019	17.05
7	Robbie Dunlop	Tour of Fife 5k	8/7/2017	17.19
8	Kai Sedgwick	Stuart Duncan Memorial 5k	7/9/2022	17.25
9	Michael Richardson	Giffordtown 5k	26/11/2023	17.26
10	Mark Bell	St Andrews 5k	10/4/2019	17.27

#### 5k female (parkrun excluded)

1	Michelle Bruce	Sri Chinmoy Scottish 5k Championships	5/5/2017	17.45
2	Gillian Sangster	Self-Trancendence 5k, Edinburgh	7/5/2014	18.19
3	Elaine Omand	Tour of Fife 5k	8/7/2017	18.56
4	Rachel Callaghan	Giffordtown 5k	27/11/2022	19.28
5	Anwen Darlington	St Andrews 5k	11/4/2018	19.33
6	Alison McNeilly	PH Racing QA 5K, Dunfermline	4/8/2023	19.35
7	Mairi Littleson	Giffordtown 5k	27/11/2022	19.36
8	Rosie Doull	Beveridge Park 5k	20/5/2016	19.40
9	Jennifer Massie	Giffordtown 5k	7/10/2018	19.50
10	Kate McIntosh	Blast at the Meadows 5k	13/6/2023	19.51

#### parkrun male

1	David Webster	Perth parkrun	3/6/2023	15.46
2	Andrew Taylor	Perth parkrun	1/7/2023	16.32
3	Kai Sedgwick	West Links parkrun, Arbroath	16/9/2023	16.34
4	Robbie Dunlop	Perth parkrun	10/3/2018	16.49
5	Adam Hart	Perth parkrun	20/5/2023	16.56
6	Chris Earl	Perth parkrun	1/1/2019	17.00
7	Hamish Roper	Northampton parkrun	9/3/2013	17.15
8	Marcus Sheridan	St Andrews parkrun	4/11/2023	17.29
9	Mark Bell	Camperdown parkrun	2/3/2019	17.32
10	James Barnet	Perth parkrun	6/8/2022	17.37

#### parkrun female

1	Elaine Omand	Strathclyde parkrun	20/12/2014	18.43
2	Anwen Darlington	Conwy parkrun	23/12/2017	18.45
3	Michelle Bruce	Kirkcaldy parkrun	7/11/2015	18.53
4	Gillian Sangster	Perth parkrun	8/2/2014	18.56
5	Fiona Plain	Gunnersbury parkrun	27/10/2018	19.14
6	Rachel Callaghan	Perth parkrun	20/5/2023	19.32
7	Hannah Barnet	Perth parkrun	9/10/2021	19.40
8	Jennifer Massie	Perth parkrun	21/4/2018	19.44

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9	Sarah Winter	St Andrews parkrun	14/9/2013	19.49
10	Kate McIntosh	Edinburgh parkrun	3/12/2022	19.52

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