Dundee Road Runners - 5 Mile Race Results 2023

		2023 - Riverside	2022 - Riverside	% Improvement	
1	Kai Sedgwick	00:27:14	00:28:00	2.74%	Ist Male
2	Adam Hart	00:29:48	00:30:09	1.16%	2nd Male
3	Stefan O'Grady	00:29:55	00:30:37	2.29%	3rd Male
4	Mairi Littleson	00:31:47			1st Female
5	Jamie Gelly	00:32:18			
6	Matyas Moravec	00:32:30			
7	Russell Craig	00:32:46	00:33:34	2.38%	
8	Mark Bruce	00:33:33			
9	Dominic Hughes	00:33:37	00:35:42	5.84%	
10	Scott James	00:33:49	00:33:16	-1.65%	
11	David Baird	00:34:18	00:36:03	4.85%	
12	John Tierney	00:34:32			
13	Gillian Sangster	00:34:37			2nd Female
14	Moray Smith	00:36:27			
15	Duncan Edward	00:36:42			
16	Michael Royden	00:36:49			
17	Olivia Batho-Samblas	00:36:56			3rd Female
<u>18</u>	Rachel Callaghan	00:37:48			
19	Grant Whytock	00:38:10	00:35:42	-6.91%	
20	Morven McIntyre	00:38:16			
21	Graham Rena	00:38:39			
22	Charlene Junkin	00:38:45			
23	Phillip Gillespie	00:39:30	00:43:05	8.32%	Most improved
				0.01/0	
24	Steven Maloney	00:39:33			
24 25					
	Steven Maloney	00:39:33	00:38:11	-3.84%	-
25	Steven Maloney Braydn Bell Harry Kay Martin Rollo	00:39:33 00:39:36			-
25 26	Steven Maloney Braydn Bell Harry Kay	00:39:33 00:39:36 00:39:39	00:38:11	-3.84%	
25 26 27 28 29	Steven Maloney Braydn Bell Harry Kay Martin Rollo Crista Baker Jordan Warner	00:39:33 00:39:36 00:39:39 00:39:48 00:39:59 00:40:01	00:38:11	-3.84%	
25 26 27 28 29 30	Steven Maloney Braydn Bell Harry Kay Martin Rollo Crista Baker Jordan Warner Paul Reed	00:39:33 00:39:36 00:39:39 00:39:48 00:39:59 00:40:01 00:40:46	00:38:11 00:39:27	-3.84% -0.89%	
25 26 27 28 29	Steven Maloney Braydn Bell Harry Kay Martin Rollo Crista Baker Jordan Warner Paul Reed Keith Gelly	00:39:33 00:39:36 00:39:39 00:39:48 00:39:59 00:40:01	00:38:11 00:39:27 00:36:11	-3.84% -0.89% -10.59%	
25 26 27 28 29 30 31 32	Steven Maloney Braydn Bell Harry Kay Martin Rollo Crista Baker Jordan Warner Paul Reed Keith Gelly Malcolm Forbes	00:39:33 00:39:36 00:39:39 00:39:48 00:39:59 00:40:01 00:40:46 00:41:35 00:41:39	00:38:11 00:39:27	-3.84% -0.89%	
25 26 27 28 29 30 31 32 33	Steven Maloney Braydn Bell Harry Kay Martin Rollo Crista Baker Jordan Warner Paul Reed Keith Gelly Malcolm Forbes Fiona Dutch	00:39:33 00:39:36 00:39:39 00:39:48 00:39:59 00:40:01 00:40:46 00:41:35 00:41:39 00:43:06	00:38:11 00:39:27 00:36:11	-3.84% -0.89% -10.59%	
25 26 27 28 29 30 31 32 33 33 34	Steven Maloney Braydn Bell Harry Kay Martin Rollo Crista Baker Jordan Warner Paul Reed Keith Gelly Malcolm Forbes Fiona Dutch Jessie Shadbolt	00:39:33 00:39:36 00:39:39 00:39:48 00:39:59 00:40:01 00:40:46 00:41:35 00:43:06 00:43:18	00:38:11 00:39:27 00:36:11	-3.84% -0.89% -10.59%	
25 26 27 28 29 30 31 32 33 34 35	Steven Maloney Braydn Bell Harry Kay Martin Rollo Crista Baker Jordan Warner Paul Reed Keith Gelly Malcolm Forbes Fiona Dutch Jessie Shadbolt May Smith	00:39:33 00:39:36 00:39:39 00:39:48 00:39:59 00:40:01 00:40:46 00:41:35 00:41:39 00:43:18 00:43:37	00:38:11 00:39:27 00:36:11 00:34:22	-3.84% -0.89% -10.59% -21.19%	
25 26 27 28 29 30 31 32 33 34 35 36	Steven Maloney Braydn Bell Harry Kay Martin Rollo Crista Baker Jordan Warner Paul Reed Keith Gelly Malcolm Forbes Fiona Dutch Jessie Shadbolt May Smith Rebecca Garside	00:39:33 00:39:36 00:39:39 00:39:48 00:39:59 00:40:01 00:40:46 00:41:35 00:41:39 00:43:18 00:43:37 00:44:12	00:38:11 00:39:27 00:36:11	-3.84% -0.89% -10.59%	
25 26 27 28 29 30 31 32 33 34 35 36 37	Steven Maloney Braydn Bell Harry Kay Martin Rollo Crista Baker Jordan Warner Paul Reed Keith Gelly Malcolm Forbes Fiona Dutch Jessie Shadbolt May Smith Rebecca Garside Shona Candlish	00:39:33 00:39:36 00:39:39 00:39:48 00:39:59 00:40:01 00:40:46 00:41:35 00:41:39 00:43:18 00:43:37 00:44:12 00:45:52	00:38:11 00:39:27 00:36:11 00:34:22	-3.84% -0.89% -10.59% -21.19%	
25 26 27 28 29 30 31 32 33 34 35 36 37 38	Steven Maloney Braydn Bell Harry Kay Martin Rollo Crista Baker Jordan Warner Paul Reed Keith Gelly Malcolm Forbes Fiona Dutch Jessie Shadbolt May Smith Rebecca Garside Shona Candlish Maria Karasek	00:39:33 00:39:36 00:39:39 00:39:48 00:39:59 00:40:01 00:40:46 00:41:35 00:43:18 00:43:37 00:45:52 00:46:20	00:38:11 00:39:27 00:36:11 00:34:22	-3.84% -0.89% -10.59% -21.19%	
25 26 27 28 29 30 31 32 33 34 35 36 37 38 39	Steven Maloney Braydn Bell Harry Kay Martin Rollo Crista Baker Jordan Warner Paul Reed Keith Gelly Malcolm Forbes Fiona Dutch Jessie Shadbolt May Smith Rebecca Garside Shona Candlish Maria Karasek Sharon Russell	00:39:33 00:39:36 00:39:39 00:39:48 00:39:59 00:40:01 00:40:04 00:41:35 00:41:39 00:43:18 00:43:37 00:44:12 00:45:52 00:46:20 00:46:34	00:38:11 00:39:27 00:36:11 00:34:22	-3.84% -0.89% -10.59% -21.19%	
25 26 27 28 29 30 31 32 33 34 35 36 37 38	Steven Maloney Braydn Bell Harry Kay Martin Rollo Crista Baker Jordan Warner Paul Reed Keith Gelly Malcolm Forbes Fiona Dutch Jessie Shadbolt May Smith Rebecca Garside Shona Candlish Maria Karasek Sharon Russell Margaret Mackie	00:39:33 00:39:36 00:39:39 00:39:48 00:39:59 00:40:01 00:40:46 00:41:35 00:41:39 00:43:18 00:43:37 00:45:52 00:46:20 00:46:34 00:47:06	00:38:11 00:39:27 00:36:11 00:34:22 00:41:25	-3.84% -0.89% -10.59% -21.19% -6.72%	
25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41	Steven Maloney Braydn Bell Harry Kay Martin Rollo Crista Baker Jordan Warner Paul Reed Keith Gelly Malcolm Forbes Fiona Dutch Jessie Shadbolt May Smith Rebecca Garside Shona Candlish Maria Karasek Sharon Russell Margaret Mackie Robert Garside	00:39:33 00:39:36 00:39:39 00:39:48 00:39:59 00:40:01 00:40:46 00:41:35 00:41:39 00:43:18 00:43:37 00:44:12 00:45:52 00:46:20 00:46:34 00:47:06 00:50:58	00:38:11 00:39:27 00:36:11 00:34:22	-3.84% -0.89% -10.59% -21.19%	
25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40	Steven Maloney Braydn Bell Harry Kay Martin Rollo Crista Baker Jordan Warner Paul Reed Keith Gelly Malcolm Forbes Fiona Dutch Jessie Shadbolt May Smith Rebecca Garside Shona Candlish Maria Karasek Sharon Russell Margaret Mackie	00:39:33 00:39:36 00:39:39 00:39:48 00:39:59 00:40:01 00:40:46 00:41:35 00:41:39 00:43:18 00:43:37 00:45:52 00:46:20 00:46:34 00:47:06	00:38:11 00:39:27 00:36:11 00:34:22 00:41:25	-3.84% -0.89% -10.59% -21.19% -6.72%	