

## Dundee Road Runners - 5 Mile Race Results 2023

		2023 - Riverside	2022 - Riverside	% Improvement	
1	Kai Sedgwick	00:27:14	00:28:00	2.74%	1st Male
2	Adam Hart	00:29:48	00:30:09	1.16%	2nd Male
3	Stefan O'Grady	00:29:55	00:30:37	2.29%	3rd Male
4	Mairi Littleston	00:31:47			1st Female
5	Jamie Gelly	00:32:18			
6	Matyas Moravec	00:32:30			
7	Russell Craig	00:32:46	00:33:34	2.38%	
8	Mark Bruce	00:33:33			
9	Dominic Hughes	00:33:37	00:35:42	5.84%	
10	Scott James	00:33:49	00:33:16	-1.65%	
11	David Baird	00:34:18	00:36:03	4.85%	
12	John Tierney	00:34:32			
13	Gillian Sangster	00:34:37			2nd Female
14	Moray Smith	00:36:27			
15	Duncan Edward	00:36:42			
16	Michael Royden	00:36:49			
17	Olivia Batho-Samblas	00:36:56			3rd Female
18	Rachel Callaghan	00:37:48			
19	Grant Whytock	00:38:10	00:35:42	-6.91%	
20	Morven McIntyre	00:38:16			
21	Graham Rena	00:38:39			
22	Charlene Junkin	00:38:45			
23	Phillip Gillespie	00:39:30	00:43:05	8.32%	Most improved
24	Steven Maloney	00:39:33			
25	Braydn Bell	00:39:36			
26	Harry Kay	00:39:39	00:38:11	-3.84%	
27	Martin Rollo	00:39:48	00:39:27	-0.89%	
28	Crista Baker	00:39:59			
29	Jordan Warner	00:40:01	00:36:11	-10.59%	
30	Paul Reed	00:40:46			
31	Keith Gelly	00:41:35			
32	Malcolm Forbes	00:41:39	00:34:22	-21.19%	
33	Fiona Dutch	00:43:06			
34	Jessie Shadbolt	00:43:18			
35	May Smith	00:43:37			
36	Rebecca Garside	00:44:12	00:41:25	-6.72%	
37	Shona Candlish	00:45:52			
38	Maria Karasek	00:46:20			
39	Sharon Russell	00:46:34			
40	Margaret Mackie	00:47:06			
41	Robert Garside	00:50:58	00:46:39	-9.25%	
42	Ian Luke	00:52:58			
43	Barbara Brown	01:03:15	00:53:14	-18.82%	